

**EYES**

Paul is a qualified lifeguard but cannot lifeguard and coach at the same time. We are therefore looking for 2-3 people from each hour to act as 'Eyes' during the development sessions at Westfield on Wednesday and Friday evenings. This is not an onerous task, it involves watching all the swimmers and reporting to Paul if a swimmer is in difficulties, so he can put on his 'lifeguard hat' and rescue them! Please give your name to Paul if you are willing to help and he will sort out a rota.

**Social Events**

2<sup>nd</sup> December Club Diner and Dance at the Metropolitan Police Club in Bushey. Tickets and details from Barbara, price £27.50.

17<sup>th</sup> December Disco (TBC) at Fullerians from 7-11pm everyone is welcome

Race Night in January date to be advised.

**Barbara's Equipment Shop**

Barbara will continue to sell equipment, swimwear, T-bags etc and will be at Central on Wednesday evenings and Bill Everett on alternate Sunday evenings. There will also be an order form on the website.

Second-hand/out-grown equipment can also be passed to Barbara, who will sell it on.

**Other important dates please note**

11<sup>th</sup> December AGM at Ricky School

Next year we have **2** teams in the Herts. League (dates below). **It is vital that all squad swimmers are available for all dates**, so please put them in your diary now. Swimmers cannot swap squads.

6<sup>th</sup> January  
3<sup>rd</sup> February  
24<sup>th</sup> March

Next year's club holiday will be:  
Last swim: 3<sup>rd</sup> August 2007  
First swim: 20<sup>th</sup> August 2007

**Trophies**

Please clean and return all club trophies to Ken Walsh or Su by half term.

\*\*\*\*\* **Pool News Update** \*\*\*\*\*

From 1<sup>st</sup> October Sunday afternoon swimming will move to Westfield pool with the squads swimming from 1-2.30pm then adults, club and fitness swimmers from 2.30-4pm. No change for the Development squad at Bill Everett.

Saturday morning swimming will soon be available probably at Watford Girl's Grammar school, from 6-8am. Please tell Attracta if you would be interested in attending. For the rest of this year it will cost £4-5 a week payable a month at a time in advance, depending on response. Notes have/are being distributed.

Please remember if you swim more than 2 sessions a week there is an extra cost paid quarterly. Development swimmers pay £50 and squad swimmers pay £65. Please see Lorraine for details.

**Happy September Birthday to:**

Shirley Coggins, Hatty Hall, Molly Maguire, Nicola Webber, Adam Raw and Nik Spears,

**Disqualifications at Club Champs.**

At last month's Club Champs there were a number of D/Qs, which caused some confusion. Wherever possible the judges will try to speak to the swimmers to explain why they have been disqualified. The reason is also on the results sheet. If you have any questions please ask at the end of the evening.

**Any Comments:**

Please tell me if you have any ideas or suggestion for the newsletter. Articles always appreciated.

